

# THE VILLAGE GREEN SCENE

Active 55+ Resort Living



## Village Green MHC

2001 83rd Avenue North  
St. Petersburg, FL 33702  
(727) 577-0135

### STAFF DIRECTORY

Sheila Blevins ..... Community Manager  
Michelle Blake ..... Assistant Manager  
Gayleen Unruh ..... Administrative Assistant  
Deborah Blum ..... Part-Time Admin Assistant  
Colleen Rigatti ..... Sales  
Joanne Champagne ..... Activities Director  
..... Newsletter Editor  
Brian Lindahl ..... Maintenance Supervisor  
Edwin Martinez ..... Maintenance  
Christopher Lynch ..... Maintenance  
JoAnn Hay ..... Housekeeping  
Deb Owens ..... Bus Driver

### OFFICE HOURS

Monday–Sunday ..... 8:00 a.m.–5:00 p.m.

### CLUBHOUSE HOURS

Monday–Sunday ..... 8:00 a.m.–10:00 p.m.

### IMPORTANT NUMBERS

OFFICE ..... 577-0135  
OFFICE AFTER-HOURS  
EMERGENCY (New #) ..... 550-7557  
ACTIVITIES DEPT. .... 577-5000  
ST. PETE POLICE non-emergency ..... 893-7780  
FIRE, POLICE,  
AMBULANCE ..... 911

### WEBSITE

[villagegreen55.com](http://villagegreen55.com)

## March 2026



### Welcoming Spring

The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 20. On this day, the sun is directly over the equator, so day and night are of equal length.

### SHEILA'S COLUMN



Cont. Page 2 Column 2

## DAILY/WEEKLY

8am Daily	Coffee Bar
9:30am M-F	Pool Exercises
9:30am Tues.	Bowling League
9:30am M-F	Bocce
10am Sun.	VG Church
10am-3pm Tues.	Arts & Crafts
10am MWF	Walking Club
10am Thurs. 1&3	Mexican Train
10am Thurs.	Rummikub
10:15am M-F	Pool Exercises
10:30 2nd Thurs	Book Club
11am MWF	Pool Time w/Joan
11am Tues.	Chair Yoga
11am Wed. & Fri.	Zumba
11am Wed. & Fri.	Pinochle
Noon 2nd Sat.	Food by Pool
1pm Mon.	Watercolor/Paint
1pm Tues. & Thurs.	Canasta
1pm Mon. Wed. Fri.	Ceramics
1pm Tu. & Th.	Acrylic Painting
1:00 Fri.	Mahjong
2:30pm Wed.	Show M T Money
3pm Daily	Happy Hour
4:30pm Tues. & Thurs	Aquacise
4pm Thurs.	Line Dancing
5pm Wed. & Sun.	Water Vball
6pm 1st & 3rd Wed	Bunco
6pm Tues.	Adult Coloring
6pm Mon.	Classy Crafters
6pm Wed.	Wine Wednesdays
6pm Thurs.	Bible Study
6pm Sat	Corn Hole
6pm Sat	Shuffleboard
6:30pm Tues.	Billiards
7pm Sun.	Cribbage
7pm Mon.	Game Night
7pm Tues.	Euchre
7pm 1st Wed	Activities Mtg
7pm last Wed.	Bingo
7pm Thurs.	Pinochle

**Subject to Change, Check  
With the Activities Office**

## Sheila's Column Cont.

### March Weather Folklore

According to an old saying, "March comes in like a lion and goes out like a lamb." Weather folklore often illustrated balance in nature, so if the month roared in with storms, then it should end on a calm, docile note. Since March marks the end of winter and the beginning of spring, this prediction can be true at times, but for parts of the country, elements of both seasons can be felt throughout the month.

### Walk in the Sand

The arrival of spring promises warmer temps, and the Saturday after the vernal equinox celebrates a favorite sunny activity: long walks on the beach. For over a decade, Walk in the Sand Day has raised awareness about the world's beaches by reminding folks of the physical and mental health benefits of strolling on the shore. Walk in the Sand Day is a good opportunity to participate in coastal cleanup or donate to a beach-friendly cause.

### Cabbage Can Feed Your Brain

Cabbage serves as the traditional side dish in the St. Patrick's Day meal of corned beef and cabbage, but it deserves top billing for its nutritional value. Both green and purple varieties of this cruciferous

**Cont. Next Column**

## Sheila's Column Cont.

veggie are rich in vitamin K, which can boost mental function and help defend against Alzheimer's disease and dementia. Cabbage is also loaded with vitamin C and several cancer-fighting compounds.

### Count Your Caffeine Intake

For many people, caffeine provides an energy boost on sleepy mornings or drowsy afternoons. Medical experts agree that 400 milligrams of caffeine a day is safe for most adults, but consuming too much or at the wrong time can interrupt your sleep or make you feel anxious. During Caffeine Awareness Month in March, refresh yourself on the typical amount of caffeine in an 8-ounce serving of popular beverages:

- Coffee: 96 milligrams
- Black tea: 47 milligrams
- Green tea: 28 milligrams
- Energy drink: 29 milligrams
- Cola: 22 milligrams

Keep these numbers in mind, and read labels, to adjust your caffeine intake as needed.

### Happy St. Patrick's Day!

May the luck of the Irish be with you on March 17 and all the days to come. Happy St. Patrick's Day to our residents!

**Sheila Blevins, Manager**

## With Sympathy

Please offer your condolences to the family and friends of the residents who have passed away.

Joseph Earley  
Aleta (Lee) Brown



## Fun Facts

### Golf Cart Christmas Parade Winners

1st Place Kings #4019  
Gnomes  
2nd Place Dalys #1185 Elves  
3rd Place Prays #5009  
Snowmen

### Chili Cook-Off

1st Place Tie Marie Saires  
#5019 & Connie Ferdig #1294  
2nd Place Cindy Chalu #1084  
3rd Place Andrea Brasfield  
#1101



### HITCH-A-RIDE

FREE transportation service provided to all residents. Please call the office, 727-577-0135, either prior to the day or before 8:30am the morning of the day you would like to be picked up. Leave your NAME, LOT# and day you will be taking the bus. Please tell us if we are picking you up at your home or at the Clubhouse.

MONDAYS & FRIDAYS

Gateway Mall Publix, Post Office, Target, CVS & HomeGoods

Clubhouse Pickup, 9:30AM

Publix - Drop-Off, 10:00AM

Publix - Pickup, 12:00PM

WEDNESDAYS (1st, 3rd & 5th)

Walmart/Aldi

Clubhouse Pickup, 9:30AM

Walmart - Drop-Off,

10:00AM

Walmart Pickup, 12:00PM

WEDNESDAYS (2nd & 4th)

Winn-Dixie & Rutland Plaza

-Hot Bins, Bealls Outlet,

Save-A-Lot & Dollar General

Clubhouse Pickup 9:30AM

W-D Drop-Off, 10:00AM

Winn-Dixie - Pickup,

12:00PM

3.14159 ...

March 14 is Pi Day.

## Welcome New Residents

Karen Coleman



### March Into Spring

Enjoy a new season of nature's renewal.



### Corrections, Phone #s, Emails, Spelling, Etc.

A Corrections/Update Form available in the Office must be filled out for corrections to be made to your Resident File or Directory. These forms will be used to update Resident Files as well as the Resident Directory. If you have been excluded from the directory and would like to be included, also fill out this form and it will be given to the directory editor. THANK YOU!



# Resident Party

## Resident Appreciation Party

Our annual Resident Appreciation Party will be held on Tuesday, March 24th. There will be 2 meeting and dinner sessions. The first Meet & Greet will be @ Noon with the meal served @ 12:30pm, with music for your listening and/or dancing pleasure after your meal. The second Meet & Greet will be @ 5:30pm and the meal served @ 6pm, also with music being provided for your listening & dancing pleasure after your meal. You MUST be sure to CALL (727- 577-5000) or EMAIL me @

jchampagne@thesman.com to make a reservation. When you make your reservation, you must tell me what session you will be attending - the noon or the later one at 5:30pm. I WILL call you or EMAIL you to confirm your reservation. If YOU DO NOT hear from me, I did not receive your call or email. You MUST be on a reservation list to attend; we need this information for the caterer to know how many will be coming per session.

Any questions, feel free to contact me. Thanks!

**Joanne, Activities  
Director**



## Happy Birthday

3/1 Debra Aleshire  
Marjorie Redding  
3/3 Joanne Champagne  
Cynthia Connelly  
Filomena DaCosta Silva  
3/4 David Bolton  
Joyce DeVore  
3/5 Leonard Bonter, Jr.  
Brenda Buck  
Nancy Hefner  
Elizabeth Jureatic  
3/6 Valerie Cochran  
3/7 Mark Connelly  
Jayne Knapp  
Frances Lepine  
Carol Peterson  
Barbara Rosales  
Janice Royal  
3/8 Valdecir Ferris  
Joan Jasper  
3/9 Julie Davis  
Jennifer Garcia  
Carol Moseley  
Candace Vacca  
3/10 Maria Buffone  
Dorreen Thorp  
3/11 Frank DeRosa  
Colleen Peacock  
Richard Zifchock  
3/12 Judith Fulginiti  
Richard Kewell  
Carl Remmes

## Birthdays Cont.

3/14 Victoria Sellner  
3/15 Pamela Mathew  
3/16 Amy Comstock  
Tracy Haughton  
Glendon Manell  
Kimberly Phillips  
3/17 James Ecker  
Patricia Walsh  
3/18 Kay Jo Karnitz  
Myat Lwin  
Jammice McFall  
Robert Patton  
3/19 Evelyn Brown  
Michael Ricketts  
Gail Vibert  
3/20 Bobby Burrell  
Mary DeWitt  
Michael Layson  
3/21 Robert Letarte  
Margaret Wooley  
3/22 Patricia Gulliver  
Catherine Nolte  
Williams Williams  
3/23 Douglas Greenberg  
Mark Wilbur  
3/24 Irene Borgias  
James Kearns  
Lynn Snow  
3/25 David Johnson  
3/26 Reno Carrier  
Charlotte Martin  
Colleen Rigatti  
3/27 Debbie Fernald  
Ronnie Floyd  
Wayne Howland  
Charlotte Lasher  
Elliott Miller  
3/29 Steven Billington  
Theresa Ferrebear  
Craig Miaker  
3/30 Henry McIntyre  
Ronald Snow

**Cont. Next Column**

**Come and See the Homes  
We Have Available Today!**



#1010 2BD/2BA \$65,500.



#1027 2BD/2BA \$74,900.



#1093 - 3BD/2BA - \$119,900.



#1129 2BD/2BA \$90,000.



#1186 3BD/2BA \$125,500.



#1187 2BD/2BA - \$55,900.

**At Print Time & Subject  
to Change Without  
Notice**



#1205 2BD/2BA \$62,500.



#1221 2BD/2BA \$91,000.



#1235 2BD/2BA \$62,000.



#1280 2BD/2BA \$120,900.



#4030 3BD/2BA \$129,900.



#4034 3BD/2BA \$152,500.

**Featured  
Photo**



#1165 -2BD/2BA This unit is 1978, 1416++ sq ft. Updated. Open floor kitchen. Extra-large breakfast bar located in the kitchen. Granite countertops with new Stainless-steel appliances. Separate dining room area with extra cabinet/butler area for storage and extra serving space. This home has an additional living/den/office space located at the front of the home. The primary bathroom has a beautiful, tiled walk-in shower. Closed in screened room for entertaining. \$78,900



#4060 -2BD/2BA - This unit is a 1973, 1056 sq ft. HANDYMAN SPECIAL, Discover the perfect opportunity to put your vision to work in this charming 2-bedroom, 2 bathroom handyman home. Step inside to find a spacious living area, a functional layout. The kitchen and common areas provide a solid foundation for updates, allowing you to design the home exactly to your taste. The outside property features a small yard that's perfect for gardening. With the right upgrades and vision, this home can truly shine. \$25,000.

**Hello, Spring**

The first day of spring is March 20. Celebrate with a stroll outdoors, some spring cleaning, or a salad of fresh spring greens.

**Cont. Next Column**

**Cont. Page 7 Column 1**



## Activities

February was a busy month with the **Chili Cook-Off** and **The Blackwater Jack Country Band** for our Valentine's Party. Thank you for the great turnout at these events and also for the wonderful attendance at the monthly **Food by the Pool Event**.

Anyway, there are a number of things going on in March ... **A Just Because Party** on Thursday, March 5th, with Kathy and Paul, bring a snack to share; **Happy Days From New York** on Friday, the 13th, bring a snack to share; **Food by the Pool** Saturday, the 14th; **St. Patrick's Day Party** on Tuesday, March 17th, bring a snack to share; **Birthday Potluck & Karaoke** on the 20th; our **Annual Resident Appreciation Party** on Tuesday, the 24th; and a **Community Yard Sale** on Friday & Saturday, the 27th & 28th.

There are some other activities that I am trying to get included in March but final plans are not solidified, so watch your emails for additional information. Hope everyone has had a great time finally being able to enjoy the sun and some long-awaited nice weather.

**Joanne, Activities  
Director**

## Save the Date




## Resident Meeting

**TUESDAY, MARCH 24th**

Call me @ 727-577-5000 or  
email me at:  
[jchampagne@thesman.com](mailto:jchampagne@thesman.com).  
**MUST have a reservation  
to attend.**

**Don't Miss the Fun!!!**

### On the Menu: Irish Butter

Rich, creamy and a sunny shade of yellow, Irish butter is treasured by some almost as much as a pot of gold. What makes this spread special? Dairy cows in Ireland are mostly grass-fed, feasting on the fresh greens of the Emerald Isle's lush, rolling hills. This diet boosts Irish butter's nutritional profile as studies have shown that grass-fed butter has high amounts of omega-3 fatty acids and some antioxidants. This type of butter also contains slightly more fat, which makes it softer and easier to spread.

### Puppy Dog Eyes

National Puppy Day, March 23, celebrates the irresistible charm of puppies. Scientists have recently discovered that the mournful expression affectionately called "puppy dog eyes" is a trait that domesticated dogs developed over generations in order to communicate with people. Unlike their close relative the wolf, dogs have facial muscles that enable them to raise their eyebrows, which triggers a nurturing emotion in humans.

### Looking for Luck

"Four-leaf clovers aren't rare ... People who look for them are." —Christy Jordan

### No Cards? No Problem

Rummikub is a mix of mahjong and rummy officially invented by Ephraim Hertzano, who was born and raised in Romania during the Communist regime's ban on card games, including rummy. Locals found ways to play similar games with tiles. After moving to Israel in the 1960s, Hertzano handcrafted Rummikub sets in his kitchen. A decade later, Rummikub became popular in the U.S. after comedian Don Rickles told Johnny Carson on "The Tonight Show" that his wife had fallen in love with the game during a trip to Israel.

## Homes Cont.



#4038 2BD/2BA \$46,900.



#5062 2BD/2BA \$165,000.



#5068 2BD/2BA \$165,500.



#5075 3BD/2BA \$95,500.



#5127 2BD/2BA \$69,900.



#5175 3BD/2BA \$99,900.

## Use Your Voice

If you find yourself fumbling with your phone or squinting to see your screen, using a voice assistant could make life easier.

First, choose a voice assistant. Popular versions include Amazon's Alexa and Apple's Siri. Some smartphones come pre-loaded with a voice assistant, or you can simply download an app. When making your selection, be sure to consider the capabilities and privacy policies.

Next, set up your chosen voice assistant. During setup, you may be prompted to familiarize the assistant with your voice and create a "wake word" for pending instructions, like "Hey (wake word), set a reminder to wish my granddaughter happy birthday tomorrow." Instructions are designed to be easy to follow. If you run into trouble or need help reviewing privacy settings, feel free to ask a friend or family member for help.

Now that the technology is in place, practice! You may be able to direct your device to set reminders, make calls, order deliveries, play music and more, all without lifting a finger.



## Out & About

### Special Shopping Trips on Other Days!

11:30, Mar. 6th, FRIDAY, Goodwill

11:30, Mar. 11th, WEDNESDAY, Dollar Tree/Ross

9:30, Mar. 10th, TUESDAY, Disston Plaza

11:30, Mar. 25th, WEDNESDAY, Marshalls

FOOD BANK, Mar. 17th, TUESDAY @ 11:45

NOTE: Walmart, Wednesdays, also goes to ALDI!

Call the Office @ 727-577-0135 to sign up for any of these special trips. (TIMES & DATES MAY BE SUBJECT TO CHANGE.)

\* ADDITIONAL TRIPS

\*New ALDI March 31st @ NOON

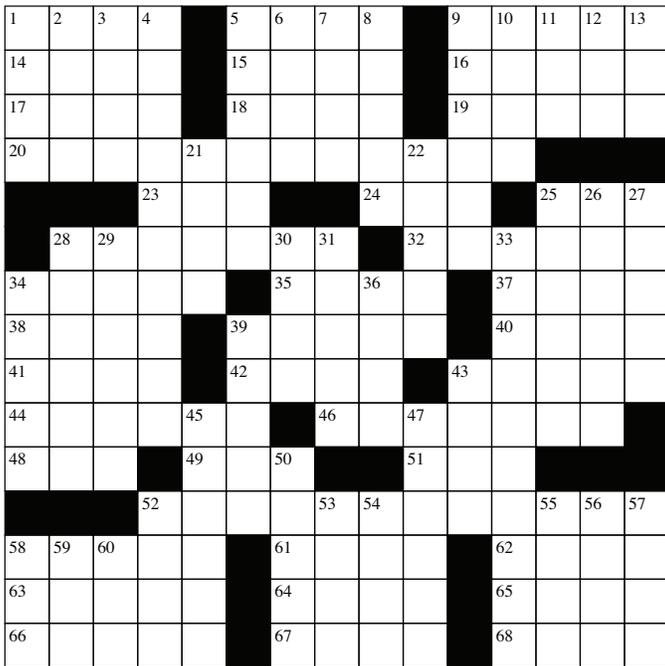
### Make Your Own Luck

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences.

# March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 VG Church - Water Vball 5pm Cribbage 7pm	2 Water Aerobics Walking Club 10am Aquacise All Games Night 7pm	3 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm	4 Water Aerobics Zumba 11am SMTM 2:30pm Wine Wed 6pm ACTIVITIES MEETING 7pm	5 Water Aerobics Pinochle 10am Canasta 1pm Line Dancing 4pm JUST BECAUSE PARTY 6pm	6 Water Aerobics Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm	7 Shuffleboard/Corn Hole 6pm
8 VG Church - Water Vball 5pm Cribbage 7pm	9 Water Aerobics Walking Club 10am Mystery Dine-out 5pm "SWITCH" 7pm	10 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30pm HOA Mtg 7pm	11 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	12 Water Aerobics Pinochle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm	13 Aquacise Mahjong 1:30pm Ice Cream 2:30 HAPPY DAYS FROM NEW YORK 6pm	14 Food by Pool NOON to 2pm  Shuffleboard/Corn Hole 6pm
15 VG Church - Water Vball 5pm Cribbage 7pm	16 Water Aerobics BLOOD BUS 10am To 3:00pm All Games Night 7pm	17 Food Bank 11:45 Canasta 1pm Billiards 6:30pm Euchre 7pm ST. PATRICK'S Day Party 6pm	18 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	19 Casino Trip 9am Pinochle 10am Book Club 10am Canasta 1pm Line Dancing 4pm Pinochle 7pm	20 Water Aerobics Mahjong 1:30pm Monthly Birthday Potluck 6pm Karaoke 7pm	21 Shuffleboard/Corn Hole 6pm
22 VG Church - Water Vball 5pm Cribbage 7pm	23 Water Aerobics Walking Club 10am Mystery Dine-out 5pm All Games Night 7pm	24 Water Aerobics Chair Yoga 11am Canasta 1pm RESIDENT APPRECIATION NOON &/or 5:30	25 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	26 Water Aerobics Pinochle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm	27 Water Aerobics Mahjong 1:30pm Ice Cream 2:30 Community Yard Sale 8am To 2pm	28 Community Yard Sale 8am To 2pm  Shuffleboard/Corn Hole 6pm
29 VG Church - Water Vball 5pm Cribbage 7pm	30 Water Aerobics Walking Club 10am Aquacise "MATCH GAME" 7pm	31 Water Aerobics New Aldi 9:30am Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm	VG Church Every Sunday: Fellowship, 9:30am; Service, 10am. Water Aerobics, M-F 9:30am & 10:15am. Aquacise W/Joan, M-W-F, 11am. Zumba, Wed & Fri, 11am.			

## Crossword Puzzle



### ACROSS

- Spaces
- In \_\_, even
- Hurriedness
- Landed
- Moving vehicles
- Overturn
- Unexceptional
- Curves
- Lets
- Intimate and candid
- Verily
- Fem. title
- Early third-century year
- Hypersensitivity to some substance
- Shallow spots
- Hernia site
- Of planes; pref.
- Victory signs
- Jungle beast
- Done in
- Famous twin
- This: Sp.
- Viscount's superior
- Incensed
- Teeter-totter
- Dogs and hens?
- Georgia, once: abbr.
- Become firm
- Letters on a postage stamp

### DOWN

- Confirmation of the truth
- Rose buyer's request
- Deadly creatures
- Rim
- That is
- Consequently
- Part
- Is introduced to
- Juan Ponce de \_\_
- Winter toy
- Wide cut
- "Vera" is one
- Tower site
- Plots
- 2009 movie for Sigourney Weaver
- Poi source
- Linear measure
- Curvy letters
- Shout of triumph
- In \_\_; pouting
- Murkowski, for one: abbr.
- Explosive letters
- Sullivan and Bradley
- High school student
- Felonious offense
- Shakespearean hero
- Golf shoe features
- Outflow
- Comes up
- Plunderer
- Celebration
- Periods of time
- Future dieters
- Actress Sharon
- Irritate
- Underground drain
- "\_\_ Wonderful Life"
- Deputies
- City in Arizona
- Malicious writing
- Article of clothing
- Word with head or knowledge
- Othello's downfall
- TV's "American \_\_"
- Make eyes at
- Indispensable item
- Not well-lit
- "\_\_ to Billie Joe"
- Last of twenty-six

