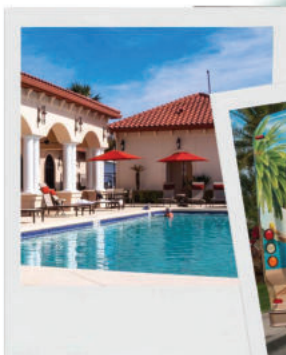


THE VILLAGE GREEN SCENE

Active 55+ Resort Living



Village Green MHC

2001 83rd Avenue North
St. Petersburg, FL 33702
(727) 577-0135

STAFF DIRECTORY

| | |
|--------------------|--|
| Sheila Blevins | Community Manager |
| Leslie Slauenwhite | Assistant Manager |
| Gayleen Unruh | Administrative Assistant |
| Deborah Blum | Part-Time Admin Assistant |
| Colleen Rigatti | Sales |
| Joanne Champagne | Activities Director Newsletter Editor |
| Brian Lindahl | Maintenance Supervisor |
| Edwin Martinez | Maintenance |
| Christopher Lynch | Maintenance |
| Melissa Gifford | Housekeeping |
| Deb Owens | Bus Driver |

OFFICE HOURS

Monday–Sunday 8:00 a.m.–5:00 p.m.

CLUBHOUSE HOURS

Monday–Sunday 8:00 a.m.–10:00 p.m.

IMPORTANT NUMBERS

| | |
|-------------------------------|----------|
| OFFICE | 577-0135 |
| OFFICE AFTER-HOURS | |
| EMERGENCY (New #) | 550-7557 |
| ACTIVITIES DEPT. | 577-5000 |
| ST. PETE POLICE non-emergency | 893-7780 |
| FIRE, POLICE, AMBULANCE | 911 |

WEBSITE

villagegreen55.com

January 2025



SHEILA'S COLUMN

Wishing everyone a Happy & Healthy New Year. It is the time of year for resolutions and happiness. Let us all hope this year will spare us from hurricanes and some of the hardships we have faced over the past months.

A-Plus Eats

This month marks a possibility for new beginnings, not only for the year but also for your diet. Get a fresh start with these delectable veggies and juicy fruits found at the beginning of the alphabet.

There are over 7,000 varieties of apples. Fujis are possibly the sweetest,

Cont. Page 2 Column 2

DAILY/WEEKLY

| | |
|-----------------------|------------------|
| 8am Daily | Coffee Bar |
| 9:30am M-F | Pool Exercises |
| 9:30am Tues. | Bowling League |
| 9:30am M-F | Bocce |
| 10am Sun. | VG Church |
| 10am-3pm Tues. | Arts & Crafts |
| 10am Wed. | Shuffleboard |
| 10am MWF | Walking Club |
| 10am Thurs. 1&3 | Mexican Train |
| 10am Thurs. 2&4 | Rummikub |
| 10:15am M-F | Pool Exercises |
| 11am MWF | Pool Time w/Joan |
| 11am Tues. | Chair Yoga |
| 11am Wed. & Fri. | Zumba |
| 11am Wed. & Fri. | Pinochle |
| Noon Sat. | Food by Pool |
| 1pm Mon. | Watercolor/Paint |
| 1pm Tues. & Thurs. | Canasta |
| 1pm Mon. Wed. Fri. | Ceramics |
| 1pm Tu. & Th. | Acrylic Painting |
| 1:30 Fri. | Mahjong |
| 2pm 2nd Tues. | Book Club |
| 2:30pm Wed. | Show M T Money |
| 3pm Daily | Happy Hour |
| 4:30pm Tues & Thurs | Aquacise |
| 4pm Thurs. | Line Dancing |
| 5pm Wed. & Sun. | Water Vball |
| 6pm Tues. | Adult Coloring |
| 6pm Mon. | Classy Crafters |
| 6pm Mon. | Shuffleboard |
| 6pm Wed. | Wine Wednesdays |
| 6pm Thurs. | Bible Study |
| 6:30pm Tues. | Billiards |
| 6:30 every other Wed. | Bunco |
| 7pm Sun. | Cribbage |
| 7pm Mon. | Game Night |
| 7pm Tues. | Euchre |
| 7pm Wed. | Bingo |
| 7pm Thurs. | Pinochle |

SHEILA'S COLUMN Cont.

- Green Granny Smith apples are among the most sour.
- Have you ever wanted to eat a flower? Well, if you've eaten an artichoke, you have! An artichoke is a flower bud that has been picked before it's had the chance to bloom.
- Tender and sweet, white asparagus has never been, or at least has *rarely* been, exposed to sunlight. The green color of regular asparagus comes from chlorophyll, stimulated by the sun.
- Native to the Americas, acorn squash has a slightly nutty flavor and can be substituted for your favorite starchy vegetable in almost any recipe.
- Shaped like peaches but tart like plums, apricots promote hydration and provide a hefty dose of vitamins A, C and E.
- Avocados, which are actually fruits (not vegetables), have more potassium than bananas—21% of the recommended daily value compared to a banana's 10%.
- As it grows, leafy arugula is practically pest-resistant because of its spicy aroma and flavor.
- Açai bowls are a trendy treat that features açai berry

Cont. Next Column

SHEILA'S COLUMN Cont.

purée. These small purple fruits from the Amazon rainforest are full of antioxidants, healthy fats and fiber.

Take Time for Thank-Yous

"We must find time to stop and thank the people who make a difference in our lives," said President John F. Kennedy. Start the new year by showing your appreciation to those who are important to you during National Thank You Month.

New Year's Noodles

For good health and luck in the months ahead, dig in to the Asian custom of eating a bowl of noodles on New Year's Day. The food's length symbolizes longevity, so the aim is to slurp up long noodles without breaking them before they're fully in your mouth.

Choose a Word of the Year

Instead of making a New Year's resolution, many people pick a word of the year, which serves as motivation for daily activities as well as bigger goals. Brainstorm a list of inspirational words, such as "grow," "balance," or "reflect." After you choose a word, write it on a note and place it where you'll see it every day.

ENJOY 2025!

Sheila Blevins, Manager

With Sympathy

Please offer your condolences to the family and friends of the residents who have passed away.

Sue Bennett
Guy Johnson
Paul McKay



Happy Anniversary

1/29 Elliott & Cherri Miller



Welcome New Residents

Judith Mitsch
Marianne Palumbo
Frank Brensinger
Michael Alexander



WOW!



A great big **THANK YOU** to all who made up the cast of characters in the Murder Mystery Play "Mafia Murders," and an extra big **THANK YOU** to Norma Corso, Pat Gulliver, Dorothea Hamilton and Sharon Vannier for handling all the food service for the event!!

YOU ALL DID A FANTASTIC JOB!!

Thank You



HITCH-A-RIDE

FREE transportation service provided to all residents. Please call the office, 727-577-0135, either prior to the day or before 8:30am the morning of the day you would like to be picked up. Leave your **NAME, LOT#** and day you will be taking the bus. It is important that you tell us if we are picking you up at your home or at the Clubhouse.

MONDAYS & FRIDAYS
Gateway Mall

Publix, Post Office, Target, CVS & Bealls

Clubhouse Pickup 9:30AM
Publix - Drop-Off 10:00AM

Publix - Pickup 12:00PM

WEDNESDAYS (1st, 3rd & 5th)

Walmart/Aldi

Clubhouse Pickup 9:30AM
Walmart - Drop-Off 10:00AM

Walmart Pickup 12:00PM
WEDNESDAYS (2nd & 4th)

Winn-Dixie & Rutland Plaza -

Big Lots, Bealls Outlet, Save-A-Lot & Dollar General

Clubhouse Pickup 9:30AM
W-D Drop-Off 10:00AM

Winn-Dixie - Pickup 12:00PM

Your Year in Review

The year has come to a close, and a new year full of possibilities lies ahead. Join family and friends to talk about the last 12 months and your expectations for the future.

- Looking back, what is one word you would use to sum up the previous year?
- What were some highlights of last year? Did you go on any special outings or trips? What about memorable holiday celebrations? Share photos and memories of these occasions, and talk about the people who were with you making those memories.
- How did the year compare with years past? Are there any experiences you would want to repeat?
- Have you changed in any way? Did you learn something new or grow in an unexpected way?
- What was your biggest accomplishment? Did you set any goals, and did you reach them? What motivated you to succeed?
- Have you made any resolutions for the year ahead? What are they? Did you learn anything from last year that will help you reach your goals? Share helpful advice with the group.
- What are you looking forward to the most this year? Why?



Happy Birthday

- | | |
|------|---|
| 1/1 | Joan Fischer Patricia Keogh |
| 1/2 | Claire Grubbs |
| 1/3 | Robert Hitchens Elizabeth Snowden |
| 1/5 | Nancy Brandon David Huff Charles Little III |
| 1/6 | Teresa Bert Richard Warren |
| 1/7 | Stephen Brendla Marianna Cunningham Sharon Vannier |
| 1/9 | Steven Thompson |
| 1/10 | Betty O'Hearn |
| 1/11 | Sheila Harris Robert Northrop |
| 1/12 | Patricia Briggs |
| 1/13 | Thomas Maily, Jr. Mariella Thomas |
| 1/14 | Allison Chess Gary Gardner Rebecca Haskell Bianca Michaels Brenda Mueller |
| 1/16 | Christopher wolton |
| 1/17 | Mary Larmore |
| 1/18 | Lana Therrien Gayleen Unruh |
| 1/19 | Judith Crandall Joseph Roller Bruce Vogel |

Cont. Next Column

Birthdays Cont.

- | | |
|------|---|
| 1/20 | Marguerite Connell Paul Sokol |
| 1/22 | Rosalie Clynes Cheri Redmon |
| 1/23 | Lisa Rasolt |
| 1/24 | Myron Belcher Theresa LaChere |
| 1/25 | John McNamara Catherine Melnyk |
| 1/26 | Cheryl Williams |
| 1/27 | Barbara Windle |
| 1/29 | Patricia Estes |
| 1/30 | Eunice Burns Angela Lamb |
| 1/31 | Curtis Ferdig Jamie Morrison Joseph Richards Cynthia Sherman John Wingfield |



Happy Birthday

Reading Challenge: Genre Switch-Up

Start the new year with a goal to read more! With so many genres, you're sure to find a book to fall in love with. This month, challenge yourself to read two books from different genres. If you're a regular reader, this will change your routine, and if you're not a reader, you may find a new joy!

Come and See the Homes We Have Available Today!



2BD/2BA - This unit is a 1977, 1104 sq ft. Square-shape kitchen with a combined dining area. There is an extra closed-in living space in front of the home. The primary suite has plenty of closet space with a bathroom attached. Closed-in screen area under the carport. 1182



2BD/2BA - This unit is a 1973, 1104 sq ft. Fully remodeled 2019. Open kitchen floor plan. White cabinets with white appliances. Breakfast bar in the center of the kitchen. Tiled walk-in showers in both bathrooms. Separate living room area located in the front of the home. Two new bathrooms installed. The primary bedroom has a private bathroom with plenty of closet space. Screened inside Florida room. 1073



2BD/2BA - This unit is a 1978, 1104 sq. ft. Fully remodeled 2023. New kitchen, new stainless steel appliances, new tiled walk-in showers, granite countertops. Additional living room area located in the front of the home. All new planking floors, new drywall. New A/C unit 2023. The primary bedroom has a private bathroom with plenty of closet space. The seller is offering a one-year American Home Shield Warranty. 1280

At Print Time & Subject to Change Without Notice.



3BD/2BA- This unit is a 1978, 1174 sq ft. Fully remodeled 2024. New kitchen with corium countertops. New stainless steel appliances. All custom lighting throughout the home. The bedroom has a new tiled walk-in shower. The guest bedroom is located on the other side of the home. The guest room has a clawfoot tub. All new planking floors, new drywall. Washer and dryer inside the home. Tankless water heater. No neighbors behind the house. 4034



1BD/1BA- This unit is a 1972, 624 sq. ft. Open kitchen floor plan, eat-in kitchen with new planking flooring. Primary bedroom can fit a king-size bed. It also has two closet spaces with built-in dressers. Beautiful closed-in front porch. New vinyl window installed. Extra-large backyard with no neighbors behind the home. Storage area in the utility room. 4045



2BD/BA - This unit is a 1974, 960+ sq ft. Fully updated 2019. Open floor kitchen. Breakfast bar located in the kitchen. Stainless steel appliances. Separate dining room area. The primary bathroom has a walk-in shower. Both bedrooms are located at each end of the home. Closed-in /screened-in front porch. 4066

Featured Photo



2BD/2BA- This unit is a 1977, 1104 sq ft. Remodeled open kitchen floor plan. White cabinets with white appliances. Breakfast bar in the center of the kitchen. Guest bathroom updated. Separate living room area located in the front of the home. Two new bathrooms installed. The primary bedroom has a private bathroom with plenty of closet space. Closed inside Florida room. 5043



2BD/2BA - This unit is 1993, 1152 sq ft. Home has cathedral ceilings. Open floor plan. Light blush cabinets, plenty of counter space. Laundry/storage room attached to the kitchen. Extra large primary bathroom with plenty of closet space. Closed-in Florida room adjoined to the back of the home. No neighbors behind the home. 6002

Be Thankful

Start your year off with kindness and appreciation—January is National Thank You Month. Often people are critical instead of thankful, and an honest “thank you” can mean the world to someone. This month, focus on expressing gratitude and doing nice deeds for others.



Activities

Glad to see you all enjoyed the many December events, especially "Surfin' Raccoons, Mafia Murders, Golf Cart Parade and New Year's Eve. Things will slow down a bit for January but there will be a Pasta Dinner supplied by Activities and the HOA from a donation and the HOA will be sponsoring a Pancake Breakfast as a fundraiser.

I will line up events to enjoy during the year. If you have suggestions, bring them to me.



"Mafia Murders" - The Flapper Dancers

See you at this month's events.

**Joanne, Activities
Director**

Fun Facts About Elvis

For fans of Elvis Presley, Jan. 8 is a special day—the entertainer's birthday. To mark the occasion, here's some trivia about the man who will forever be known as the King of Rock 'n' Roll.

He was a twin. Presley's twin brother, Jesse Garon Presley, died at birth. His mother, Gladys, claimed that because of this, Elvis had the energy of two people.

Elvis as Tony? Film director Robert Wise originally wanted Presley to star as Tony, the male lead in the 1961 movie version of the musical "West Side Story." But Colonel Tom Parker, Presley's business manager, felt

the role wasn't right for the star, and the part eventually went to actor Richard Beymer.

He pitched one product. Though his likeness has been used in countless ads and promotions, Presley himself made just one product commercial during his entire career. In 1954, he recorded a radio jingle for Southern Maid Donuts, a favorite of the King.

He had presidential genes. Various genealogy studies show that Presley was distantly related to two U.S. presidents, Abraham Lincoln and Jimmy Carter.

Celebrate the King's birthday



Motivational Messages

Everyone faces challenges. But you can have a more positive outlook despite them. Using positive affirmations can go a long way toward keeping your spirits up. Start by writing a few encouraging phrases on a piece of paper or in a journal, and then make a habit of reciting each affirmation every day.

Affirmations are typically statements about your current strengths or goals for your well-being. Allow time for your

positive messages to become a part of your daily thinking. You can always change or add affirmations as you see fit.

Here are some phrases to get you started:

- I have lots of knowledge and wisdom to share with others.
- I forgive myself and others for mistakes.
- I am surrounded by people who love me.
- I am a good role model to my children, grandchildren and friends.
- I am looking forward to learning something new today.
- Today, I choose to be happy.

Homes Cont.



2BD/2BA, Den - This unit is a 1972, 1056 sq. ft. Fully remodeled 2024. New kitchen, new stainless steel appliances. New tiled walk-in showers, granite countertops. All new planking floors, new drywall. New AC/Heat. This home offers a large extra room. The primary bedroom has a private bathroom with plenty of closet space. The Seller is offering a one-year American Home Shield warranty. 5068



2BD/2BA- This unit is a 1974, 1056 sq ft. Fully remodeled 2021. Open floor plan with an extra-large breakfast. New kitchen with granite countertops. Stainless steel appliances. All custom lighting throughout the home. Both bedrooms have tiled walk-in showers. New floors, new drywall. Extra living space for an office or den in front of the home. Washer and dryer inside the home. Tankless water heater. Enlarged shed with air conditioning. 5072



2BD/2BA- This unit is a 1978, 720+ sq ft. Fully remodeled 2022. New kitchen, new stainless steel appliances. New tiled walk-in showers, granite countertops. Separate living room area located on the side of the home. New planking floors. Drywall throughout the home. Two new bathrooms installed. The bedrooms are located on separate ends of the home. Open front porch. 5073

Homes Cont.



2BD/2BA - This unit is a 1973, 1152 sq. ft. Galley kitchen. The dining room has large built-in cabinet hutch. There is an extra closed-in living/office space in front of the home. The large primary suite has plenty of closet space with a bathroom attached. New AC installed in 2022. Has a roof over. Comes with golf cart. 5110



2BD/2BA- This unit is a 1975, 912 sq ft. Updated 2019, open kitchen area. Plenty of oak cabinets space with a Formica island countertop in the center. Planking floors throughout the home. Updated bathrooms. The primary bedroom can fit a king size bed. Close-in front porch area. Home comes furnished. 5167

On the Menu: Clean Eating

The term "clean eating" is likely to be heard a lot this month as people make New Year's resolutions focused on improving health. The trend focuses on eating natural, whole foods as much as possible, while avoiding highly processed foods with artificial ingredients. Clean eating usually favors plant-based foods, especially fruits, vegetables, beans and whole grains.



Out & About

Special Shopping Trips on Other Days!

11:30 JANUARY 6th,
MONDAY, Goodwill

11:30 JANUARY 8th,
WEDNESDAY, Dollar
Tree/Ross

9:30 JANUARY 14th,
TUESDAY, Disston Plaza
NOTE: Walmart Wednesdays
also goes to ALDI!

Call the Office @
727-577-0135 to sign up for
any of these special trips.
(TIMES & DATES MAY BE
SUBJECT TO CHANGE.)

Unfamiliar Idioms

January ends with Idiom Week, celebrating the funny figures of speech that make language interesting. A common English idiom is "It's raining cats and dogs" to describe a heavy downpour. Idioms differ by culture, so enjoy these idioms that are common in other countries:

Spain: "A lot of noise and no walnuts" = All talk and no action.

France: "The carrots are cooked" = It's too late to change a situation.

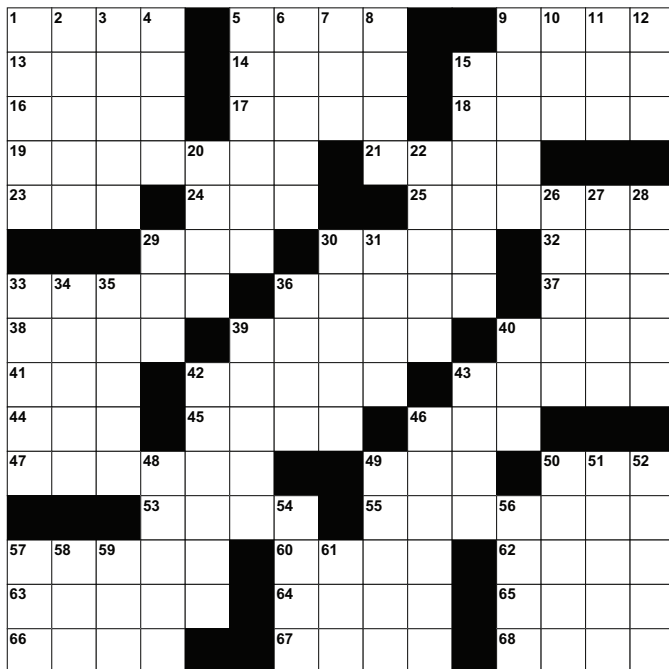
Thailand: "Ride an elephant to catch a grasshopper" = Do a lot of work for little reward.

Egypt: "Put a watermelon in your belly" = Relax, don't worry.

January 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--------------------------------|
| | | | 1 New Year's Day | 2 Water Aerobics Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm | 3 Water Aerobics Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm | 4 |
| 5 VG Church - Water Vball 5pm Cribbage 7pm | 6 Water Aerobics Walking Club 10am Mystery Dine-out 5pm All Games Night 7pm OEL Cards | 7 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm | 8 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wednesdays | 9 Water Aerobics Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm | 10 Water Aerobics Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm Ice Cream 2:30pm | 11 |
| 12 VG Church - Water Vball 5pm Cribbage 7pm | 13 Water Aerobics/ Aquacise Walking Club 10am (SWITCH) 7pm | 14 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30p HOA Meeting 7pm | 15 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wednesdays | 16 Casino Trip 9am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm | 17 Water Aerobics Mahjong 1:30pm Monthly Birthday Potluck 6pm Karaoke 7pm | 18 Pancake Breakfast 9am |
| 19 VG Church - Water Vball 5pm Cribbage 7pm | 20 Martin Luther King Jr. Day Water Aerobics Mystery Dine-out 5pm All Games Night | 21 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30p | 22 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wednesdays | 23 Water Aerobics Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm | 24 Water Aerobics Aquacise Zumba 11am Mahjong 1:30pm Ice Cream 2:30 Pasta Dinner 6pm | 25 |
| 26 VG Church - Water Vball 5pm Cribbage 7pm | 27 Water Aerobics/ Aquacise Walking Club 10am All Games Night 7pm OEL Cards | 28 Water Aerobics Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm | 29 Water Aerobics Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wednesdays | 30 Water Aerobics Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm | 31 Water Aerobics Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm | |

Crossword Puzzle



ACROSS

1. Lump of dirt
5. People working together to perform a joint function
9. Second in position
13. Praise enthusiastically
14. Solitary
15. Hectic
16. Water (Sp.)
17. Finishes
18. Objects
19. Large knob of rock or ice used as a belay anchor
21. Civil wrong
23. Compass point
24. Rio de Janeiro
25. Couch-like bed
29. Twitch
30. Air pollution
32. Lager
33. Tied, like shoes
36. Extra
37. Small pass or saddle between two mountain peaks
38. Blade mounted to the handle of an ice axe
39. The game of kings
40. Tribe in Arizona
41. Constrictor
42. Mechanical device or wedge used as an anchor in cracks
43. Genetic makeup
44. Make a mistake
45. Punches

46. Rankle
47. Inferior
49. Surface to air missile
50. Student ag group
53. Stored
55. Firearms
57. Kinds of stars
60. On top
62. Expression of regret, sorrow or grief
63. Small ridgelike feature on a steep rock face
64. To retreat from a climb
65. Microphone
66. Peter, for short
67. Member of an alliance
68. Poem creator

DOWN

1. Clawed shell dwellers
2. Nigerian city
3. Part of a seed
4. Transaction
5. Clergyman
6. Musical composition
7. Finish
8. Compass point
9. Insane
10. Compass point
11. Dickens' Tiny ___
12. American Cancer Society (abbr.)
15. Illusion
20. Waterless
22. Aromas
26. Breakfast meat

27. Run away and marry
28. Cafés
29. Ball holder
30. Eyeglasses
31. Face covering
33. Tag
34. Love intensely
35. Russian rulers
36. Small drink
39. Small bird sound
40. Bewitch
42. Dairy product
43. Precious stones
46. Fruitlessly
48. Slide across the ice
49. Ruin
50. Folded sheet of paper
51. Snow piece
52. Resource
54. Bass horn
56. Tap in lightly
57. Snooze
58. Unrefined metal
59. Animal doc
61. Buddy

