

THE VILLAGE GREEN SCENE

Active 55+ Resort Living



Village Green MHC

2001 83rd Avenue North
St. Petersburg, FL 33702
(727) 577-0135

STAFF DIRECTORY

Sheila Blevins	Community Manager
Michelle Blake	Assistant Manager
Gayleen Unruh	Administrative Assistant
Deborah Blum	Part-Time Admin Assistant
Colleen Rigatti	Sales
Joanne Champagne	Activities Director Newsletter Editor
Brian Lindahl	Maintenance Supervisor
Edwin Martinez	Maintenance
Christopher Lynch	Maintenance
JoAnn Hay	Housekeeping
Deb Owens	Bus Driver

OFFICE HOURS

Monday–Sunday 8:00 a.m.–5:00 p.m.

CLUBHOUSE HOURS

Monday–Sunday 8:00 a.m.–10:00 p.m.

IMPORTANT NUMBERS

OFFICE	577-0135
OFFICE AFTER-HOURS	
EMERGENCY (New #)	550-7557
ACTIVITIES DEPT.	577-5000
ST. PETE POLICE non-emergency	893-7780
FIRE, POLICE, AMBULANCE	911

WEBSITE

villagegreen55.com

February 2026



SHEILA'S COLUMN

A Little Self-Love

"To fall in love with yourself is the first secret to happiness." —Robert Morley

Blood Pressure Prescription Tips

February is American Heart Month, and blood pressure is an important aspect of heart health. Prescription medication is a common treatment for high blood pressure, a condition that affects nearly half of the adults in the U.S. These tips can help the medicine be most effective:

- Have a routine; taking the medication around the same time each day will decrease the chances of forgetting a dose.
- Follow prescription directions, including duration of medication.

Cont. Page 2 Column 2

DAILY/WEEKLY

8am Daily Coffee Bar
 9:30am M-F Pool Exercises
 9:30am Tues. Bowling League
 9:30am M-F Bocce
 10am Sun. VG Church
 10am-3pm Tues. Arts & Crafts
 10am MWF Walking Club
 10am Thurs. 1&3 .. Mexican Train
 10am Thurs. Rummikub
 10:15am M-F Pool Exercises
 10:30 2nd Thurs Book Club
 11am MWF ... Pool Time w/Joan
 11am Tues. Chair Yoga
 11am Wed. & Fri. Zumba
 11am Wed. & Fri. Pinochle
 Noon 2nd Sat. Food by Pool
 1pm Mon. Watercolor/Paint
 1pm Tues. & Thurs. Canasta
 1pm Mon. Wed. Fri. Ceramics
 1pm Tu. & Th. Acrylic Painting
 1:00 Fri. Mahjong
 2:30pm Wed. Show M T Money
 3pm Daily Happy Hour
 4:30pm Tues. & Thurs. Aquacise
 4pm Thurs. Line Dancing
 5pm Wed. & Sun. Water Vball
 6pm 1st & 3rd Wed Bunco
 6pm Tues. Adult Coloring
 6pm Mon. Classy Crafters
 6pm Wed. Wine Wednesdays
 6pm Thurs. Bible Study
 6pm Sat Corn Hole
 6pm Sat Shuffleboard
 6:30pm Tues. Billiards
 7pm Sun. Cribbage
 7pm Mon. Game Night
 7pm Tues. Euchre
 7pm 1st Wed Activities Mtg
 7pm last Wed. Bingo
 7pm Thurs. Pinochle

**Subject to Change, Check
With Activities Office**

Sheila's Column Cont

- Feeling better? Blood pressure reading normal? The medicine is doing its job; make sure to continue taking it as directed.
- Check and record blood pressure often. Taking your pulse rate is never a bad idea, either.
- Refill prescriptions before they run out; this way, you'll be prepared for unexpected situations.

Laugh Away the Winter Blahs

If you find yourself with a case of the winter blahs, try watching a comedy or chatting with a funny friend. Studies show that laughter causes your brain to release mood-lifting endorphins.

A Friendly Walk

Psychiatrist Gary Small says walking with a friend is a triple threat against Alzheimer's disease. It gives you a cardiovascular workout, stress-relieving social interaction and mentally stimulating conversation.

Be Mindful of Missed Calls

If you notice a missed call from an unknown phone number, resist the urge to satisfy your curiosity and call back.

Cont. Next Column

Sheila's Column Cont

Scammers can spoof numbers that look similar to ones you regularly call in the hopes you'll answer. When you return the call, it verifies that a person is assigned to your phone number, prompting the scammer to try again another time.

To Your Health: Sip Some Soup

Chicken soup is often a go-to meal when someone is sick with a cold or flu, and science can explain why. Chicken soup is full of protein, vitamins and antioxidants that boost the immune system, and a University of Nebraska study found that the ingredients have a mild anti-inflammatory effect. Plus, the steam from a bowl of hot soup can clear congestion. While it won't actually cure your cold, chicken soup can ease the symptoms and help you feel better.

Get Up and Get Going!

Falling, literally and figuratively, is a hurdle that is hard to get over. The Get Up Campaign was launched by the U.S. Figure Skating organization in 2017 to identify the courage, passion and determination that is needed to get back up, not only in the rink, but also in life. Celebrate National Get Up Day on Feb. 1 by starting a new project, or inspiring others to keep going.

Sheila Blevins, Manager

With Sympathy

Please offer your condolences to the family and friends of the residents who have passed away.

Thomas Williams
Don Hamilton
Ron Hamilton (former resident)



2/14 Charles & Brenda Pray
2/16 Joe & Kat Richards
2/20 George & Theresa LaChere



Welcome New Residents

Christine & Dominic Rubino
Jane & John Jr. Minter



Corrections, Phone #s, Emails, Spelling, Etc.

A Corrections/Update Form available in the Office must be filled out for corrections to be made to your Resident File or Directory. These forms will be used to update Resident Files as well as the Resident Directory. If you have been excluded from the directory and would like to be included, also fill out this form and it will be given to the directory editor. **THANK YOU!**



HITCH-A-RIDE

FREE transportation service provided to all residents. Please call the office, 727-577-0135, either prior to the day or before 8:30am the morning of the day you would like to be picked up. Leave your NAME, LOT# and day you will be taking the bus. Please tell us if we are picking you up at your home or at the Clubhouse.

MONDAYS & FRIDAYS
Gateway Mall Publix, Post Office, Target, CVS & HomeGoods

Clubhouse Pickup, 9:30AM
Publix - Drop-Off, 10:00AM
Publix - Pickup, 12:00PM
WEDNESDAYS (1st, 3rd & 5th)

Walmart/Aldi
Clubhouse Pickup, 9:30AM
Walmart - Drop-Off, 10:00AM
Walmart Pickup, 12:00PM
WEDNESDAYS (2nd & 4th)
Winn-Dixie & Rutland Plaza - Hot Bins, Bealls Outlet, Save-A-Lot & Dollar General
Clubhouse Pickup 9:30AM
W-D Drop-Off, 10:00AM
Winn-Dixie - Pickup, 12:00PM

Homes Cont.



2BD/2BA- This unit is a 1973 1152 sq ft. Galley semi-open floor kitchen. All white appliances. Extra-large China cabinets located in the dining room. This home offers an additional living space located at the front of the home. This space could be used as a third bedroom or office space. The primary bathroom has a walk-in shower with a walk-in closet. The roof was replaced two years ago, which has a transferable warranty. Washer and dryer inside. The home comes with a transferable Home Warranty Shield program. 5127



3BD/2BA, den plus a Florida room. This unit is a 1972 1020 ++ sq ft. Square-shape kitchen with a combined dining area. White kitchen cabinets with laminate countertops. Bedrooms are located at each end of home. This home has a front foyer that has been used as an office space. There is a closed-in extra-large Florida room with an adjoining storage space. This room can be used all year round. Plus, an outside patio area. 5175



2BD/2BA - This unit is a 1979, 1296 sq. ft. Open floor plan with lots of cabinets. Dining area has a built-in China closet. Extra living space located in the front of the home with a large bay window. There is an additional area located at the side entrance that can be used for an office. Spacious bedrooms with walk-in closets. Primary suites can fit a king-size bed. 1187

Happy Birthday



Birthdays Cont.

2/17	Shari Palasz
2/18	Laura Bousson
	Linda DeJesus
	Gay Powell
	Rosemary Torrento
	Lawrence Vivian
2/19	Deborah Blum
	Scott Deane
	Stephen Staack
2/20	James White
2/21	Gretchen Tinker
2/22	Kenneth Hahn
	Sandra Karseras
	Pamela Nickell
	Charles Purro
	Barbara West
2/23	Edith Bradley
	Michael Bricker
	Jason Malpass
	Diane Lacognata
	Karen Lavino
	George LaChere
2/24	Lynda Beauchamp
	Mary Doucette
	Robert Gulliver
	Patricia Calvert
2/25	Robert Giles
2/26	Anthony Campione
	Normand Cloutier
	Jennifer Garber
	Maureen Paecht
	Janet Robinson
2/27	Ross Borgias
2/28	
2/29	



Come and See the Homes We Have Available Today!



2BD/2BA - This unit is a 1976 1248 sq ft. Square-shape kitchen with a combined dining area. White kitchen cabinets with laminate countertops. There is an extra closed room in front of the home that could be used for additional living space. The primary suite has plenty of closet space with a bathroom attached. Plus an extra vanity. Spacious closed-in Florida room. This extra room can be used for 3 seasons out of the year. 1010



2BD/2BA, plus a den - This unit is 1979, 1416 sq ft. Open floor concept. The kitchen is a walk-thru style, with white cabinets. The extra closed-in front room has plenty of sunlight and is climate-controlled AC and heat. This room could be separated into two extra rooms. There are plenty of closet spaces. The primary room has an updated bathroom with a walk-in shower. The primary closet is a real bonus; this room is not just a walk-in closet, it could be considered another room of the home. All new windows and a new roof over. No neighbors behind the home. 1027

What's Cooking

Chili Cook-off FRIDAY, February 6th, at 6pm.

At Print Time & Subject to Change Without Notice.



3BD/2BA - This unit is 1978, 1248 sq ft. Open kitchen floor plan with a separate large dining area. The primary bedroom is located at the back end of the home. This bedroom has an adjoining bathroom with a full bathtub. The guest bathroom has a walk-in shower located between both bedrooms. New floors were installed in 2023. Washer and Dryer inside the home. The screened-in Florida room is located at the back of the house. No Neighbors behind the home. Outside extra storage area. 1032



2BD/2BA plus a den - This unit is a 1978, 1056+ sq. ft. fully updated 2024. Open floor kitchen. Extra-large breakfast bar located in the kitchen. Stainless steel appliances are all new. Separate dining room area. Primary bathroom has a beautiful, tiled walk-in shower. Tankless water heater. This home comes with a one-year home shield warranty. 1093

Activities Cont.

to get the Super Bowl Game on the projection screen in the Ballroom. Watch for details – if this is possible, there will be a Super Bowl Party in the Ballroom; bring a snack to share, no fee.

Food by the Pool on January 10th was a huge success, the next Food By the Pool

Featured Photo



2BD/2BA This unit is 1978, 1056++ sq ft. Fully updated 2024. Open floor kitchen. Extra-large breakfast bar located in the kitchen. Granite countertops with new Stainless-steel appliances. Separate dining room area. The primary bathroom has a beautiful, tiled walk-in shower. Tankless water heater. 1280



2BD/2BA plus a den. This unit is 1972, 1156+ sq ft. Fully updated 2024. Open floor kitchen plan. Extra-large breakfast bar located in the middle between the kitchen and living room area. Granite countertops with new Stainless-steel appliances. This home offers an additional living space located at the end of the living room. The primary bathroom has a beautiful, tiled walk-in shower. The guest bedroom is located on the other side of the home, with a tiled walk-in shower. Open screened-in front porch. Plus, a beautiful brick open air patio on the side of the home. New roof over. Tankless water heater. 5068

Activities Cont.

Next Food by the Pool
will be Feb. 14th @ Noon to 2pm.

Hope you all enjoyed the Murder Mystery!

Joanne, Activities Director

Save the Date



Resident Appreciation Party

Party will be on Tuesday, MARCH 24th watch for details!

Activities



Sending out a BIG THANK YOU to all those who participated in the New Year's Eve Party. A great time was had by all and I would like all our parties to be like this in the future.

Your suggestion of a country western band has been put in effect; there will be BLACKWATER JACK band playing at our Valentine Party on Thursday, February 12th. Like New Year's Eve, bring a snack or a appetizer to share and a nominal price will be charged to cover the entertainment.

Also, there was a wonderful turnout at the Activities Meeting on the 7th. There were many suggestions and ideas to be considered and researched. The next meeting will be on Wednesday, February 4th, at 7pm.

I am in the process of trying

Cont. Pg 5 Cntr Col

Homes Cont.



2BD/2BA plus a den - This unit is a 1979, 1344sq ft. Semi-open floor plan with lots of cabinets. Dining area has a built-in China closet. Extra living space located in the front of the home with plenty of light. Spacious primary bedroom with two walk-in closets. Second bedroom also has an extra-large closet. Primary suites can fit a King-size bed. There is a screened-in Florida room area at the side entrance of the home. Plus, an outside paved patio area. Washer and Dryer located inside the home. Extra storage shed outside. 1129

Just Dewey It
February is Library Lovers' Month.

Homes Cont.



3BD/2BA - This unit is 1974, 1440 sq ft. Galley kitchen with a separate dining area. The dining area has extra cabinet space. The primary bedroom is located at the other end of the home. This bedroom has an adjoining bathroom with a walk-in shower. New floors laid this year. Washer and Dryer outside has extra storage space. This home has an additional closed front porch that has climate control options. 5075

Thank a Mail Carrier Day

On Feb. 4, send a shoutout to someone who always delivers—your letter carrier!

expected." —Laverne Cox

Homes Cont.



2BD/2BA plus a den. This unit is a 1978, 1080 ++ sq ft. Square-shape kitchen with a combined dining area. Oak kitchen cabinets with laminate countertops. There is a closed-in, extra-large, air-controlled room, located at the front of the home. This room can be used for an additional bedroom or office space. This room can be used all year round. Plus, an outside screened in Florida area. 1221

Love Is All Around
"When you put love out in the world, it travels, and it can touch people and reach people in ways that we never even



3BD/2BA - This unit is 1979, 1440 sq ft. Extremely ex-large kitchen. Several cabinet spaces. Separate dining area with two butler cabinet spaces. There is so much room that the dining room table seats 12 people. The primary bedroom is located at the other end of the home. Two large closets with an adjoining bathroom with a beautiful tiled walk-in shower. One guest bedroom is located on the other side of the home, away from the primary bedroom. Washer and Dryer inside the home. Extra-large open area in back porch that has privacy from other neighbors. 1186

Homes Cont.



3BD/2BA - corner unit- This unit is a 2005, 1368 sq ft. This is a Jacobson manufactured home. Open floor plan. Cathedral ceilings. There is plenty of light throughout the home. Spacious open kitchen with an eat-in area. Plus, a formal dining area. White cabinets with a breakfast bar area. All three bedrooms can fit a king-size bed. The primary bedroom has an en suite bathroom with a sunken tub, separate shower and two separate bathroom vanities. Large walk-in closet. Double car driveway with an open porch. The back of the home also has a private open-sitting porch area. No neighbors behind the home. Extra storage area. 4030



3BD/2BA- This unit is a 1978, 1174 sq. ft. fully remodeled 2024. New kitchen with Corian countertops. New stainless steel appliances. All custom lighting throughout the home. The bedroom has a new tiled walk-in shower. The guest bedroom is located on the other side of the home. The guest room has a claw foot tub. All new plank floors and new drywall. Washer and dryer inside the home. Tankless water heater. No neighbors behind the house. 4034

Awaiting the Season's Change

"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." —Patience Strong

Homes Cont.



1BD/1BA- This unit is 1972, 660 sq ft. Open kitchen area adjoined to the dining room, which has additional cabinet space. Kitchen has white appliances, with additional cabinet space surrounding the refrigerator. Light color tile flooring in kitchen and bathroom. Oak laminate flooring throughout the home. Bedroom has three closet spaces for storage. Nice closed-in side porch. Plus, a screened in Florida room for outdoor living. Lot 4038



2BD/2BA, plus den -This unit is 1976, 1248+ sq ft. Fully updated 2025. Open floor kitchen. Extra-large breakfast bar located in the kitchen. Granite countertops. Stainless steel appliances are all new. Extra-large living room area. Plus, another spacious den area. The primary bedroom has a bathroom en suite with a walk-in closet. The second bedroom would fit a king-size bed. 5062



2BD/2BA -This unit is a 1972, 960 sq ft. Plenty of natural light throughout the home. Square-shape kitchen with a combined dining area. White kitchen cabinets with laminate countertops. There is an extra closed room in front of the home. This extra room can be used for 3 seasons out of the year. The primary suite has plenty of closet space with a bathroom attached. Home comes with golf cart. 1235



Out & About

Special Shopping Trips on Other Days!

11:30, Feb. 6th, FRIDAY,
Goodwill

11:30, Feb. 11th,
WEDNESDAY, Dollar
Tree/Ross

9:30, Feb. 10th, TUESDAY,
Disston Plaza

11:30, Feb. 25th,
WEDNESDAY, Marshalls
FOOD BANK, Feb. 10th,
TUESDAY @ 11:45

NOTE: Walmart,
Wednesdays, also goes
to ALDI!

Call the Office @
727-577-0135 to sign up for
any of these special trips.
(TIMES & DATES MAY BE
SUBJECT TO CHANGE.)

*New ALDI, Feb. 24th,
TUESDAY NOON

* ADDITIONAL TRIPS

Homes Cont.

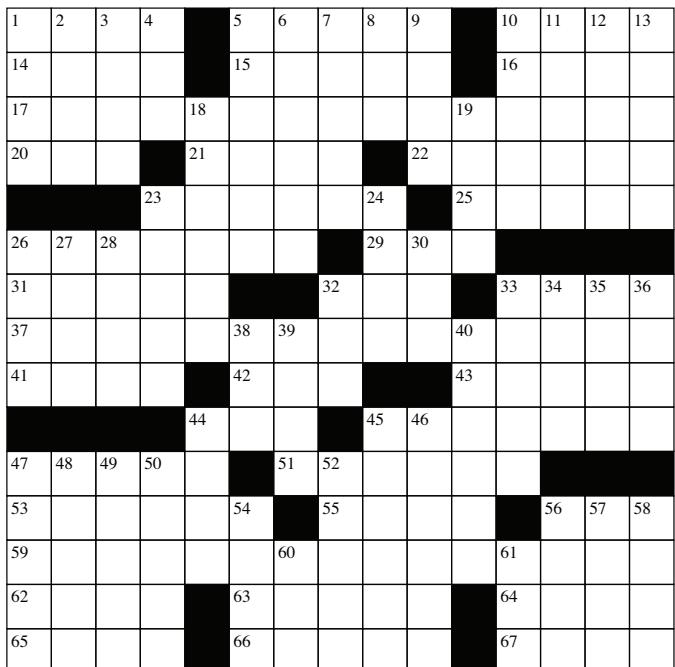


2BD/2BA – This unit is a 1973, 960 sq ft. Semi-open floor kitchen with a breakfast island. Oak cabinets with all white appliances. Separate dining area. The bedrooms have plenty of privacy which are located at both ends of the home. The Florida room is closed-in & adjoined to the living area. This space could be used as a third bedroom, office space or an additional family room. 1205

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VG Church - Water Vball 5pm Cribbage 7pm	1 Water Aerobics 2 Walking Club 10am Mystery Dine-out 5pm All Games Night 7pm	Chair Yoga 11am 3 Food Bank 11:45 Canasta 1pm Billiards 6:30pm Euchre 7pm	Water Aerobics 4 Zumba 11am SMTM 2:30pm Wine Wed 6pm ACTIVITIES MEETING 7pm	Water Aerobics 8 5 Pinocle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinocle 7pm	Water Aerobics 6 Walking Club 10am Zumba 11am Mahjong 1:30pm Chili Cook-off 6pm	7 Shuffleboard 6pm
VG Church - Water Vball 5pm SUPER BOWL 5:30pm Cribbage 7pm	8 Water Aerobics 9 Walking Club 10am Major Medicare Special 10am "SWITCH" 7pm	Chair Yoga 11am 10 Food Bank 11:45 Canasta 1pm Billiards 6:30pm HOA Mtg 7pm	Water Aerobics 11 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	Water Aerobics 12 Pinocle 10am Canasta 1pm Line Dancing 4pm Valentine Party 6pm	Water Aerobics 13 Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm Ice Cream 2:30	14 FOOD BY THE POOL Noon to 2pm Shuffleboard 6pm
VG Church - Water Vball 5pm Cribbage 7pm	15 BLOOD BUS 16 10am To 3:00pm Mystery Dine-out 5pm All Games Night 7pm	Water Aerobics 17 Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm	Water Aerobics 18 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	Casino Trip 9am 19 Pinocle 10am Book Club 10am Canasta 1pm Line Dancing 4pm Pinocle 7pm	Water Aerobics 20 Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm	21 Shuffleboard 6pm
VG Church - Water Vball 5pm Cribbage 7pm	22 Water Aerobics 23 Walking Club 10am Aquacise Special 10am "MATCH GAME" 7pm	Water Aerobics 24 New Aldi 9:30am Chair Yoga 11am Canasta 1pm Billiards 6:30pm Euchre 7pm	Water Aerobics 25 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball Wine Wed 6pm	Water Aerobics 26 Pinocle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinocle 7pm	Water Aerobics 27 Mahjong 1:30pm Ice Cream 2:30 Monthly Birthday Potluck 6pm Karaoke 7pm	28 Shuffleboard 6pm
VG Church Every Sunday: Fellowship, 9:30am; Service, 10am. Water Aerobics, M-F 9:30am & 10:15am. Aquacise W/Joan, M-W-F, 11am. Zumba, Wed & Fri, 11am.						

Crossword Puzzle



ACROSS

- 1. Airport-to-hotel transports
- 5. Wash
- 10. Incline
- 14. Make __; sit
- 15. Misshapen folklore man
- 16. Hip sections
- 17. Welterweight champ, once
- 20. Morns, for short
- 21. "I'm so hungry, I could __ horse!"
- 22. Northern part of Ireland
- 23. In a risk-free manner
- 25. Waterbirds
- 26. Job applicant papers
- 29. Tumor's suffix
- 31. Love, in Livorno
- 32. Representative: abbr.
- 33. Word with horn or drum
- 37. First Englishman to sail around the world
- 41. Elected official: abbr.
- 42. Kennel boarder
- 43. Eagle's home
- 44. 2009 rom-com "___ Just Not That Into You"
- 45. Items for baby
- 47. Dwelling
- 51. i.e.
- 53. Warp
- 55. Years in Mexico
- 56. Prefix for center or gram
- 59. Pat Nixon's predecessor
- 62. Late coming back?
- 63. Foot support
- 64. Dill herb
- 65. Comedienne Martha
- 66. Grammar book chapter
- 67. Rule out
- 69. Hombre's home
- 70. Former student, for short
- 71. Works in a market
- 72. Seated bath
- 73. Attack with gunfire
- 74. Boxes
- 75. Flush type
- 76. Univ. of Louisiana at Lafayette, for short
- 77. __ cheese dressing
- 78. Hair solution
- 79. Like a bird
- 80. Muddy spots
- 81. Man of the cloth
- 82. Hole-enlarging tool
- 83. Olympian Korbut
- 84. Enjoys a water sport
- 85. Name for a cartoon bear
- 86. Scrape
- 87. Muslim leader
- 88. Teed off
- 89. Rainier & Fuji, abbr.
- 90. __ up; misbehave
- 91. British machine guns

- 34. River in Switzerland
- 35. Short theatrical sketch
- 36. Uses one of the senses
- 38. Gorilla
- 39. Fit snugly together
- 40. Breakfast request
- 44. Thyme or basil
- 45. Musical instruments
- 46. Peter __
- 47. Philosopher/educator Mortimer
- 48. Blessed: Lat.
- 49. See the light __; come into existence
- 50. Author whose monogram was ACD
- 52. Wore
- 54. Water vapor
- 56. One in bondage
- 57. Verse composer
- 58. One __ one is one
- 60. Traveler's way: abbr.
- 61. Of a branch of the mil.

