



## DAILY/WEEKLY

8am Daily ..... Coffee Bar  
 9:30am M-F ..... Pool Exercises  
 9:30am Tues. .... Bowling League  
 9:30am M-F ..... Bocce  
 10am Sun. .... VG Church  
 10am-3pm Tues. .... Arts & Crafts  
 10am MWF ..... Walking Club  
 10am Thurs.1&3 .. Mexican Train  
 10am Thurs. .... Rummikub  
 10:15am M-F ..... Pool Exercises  
 10:30 2nd Thurs ..... Book Club  
 11am MWF... Pool Time w/Joan  
 11am Tues. .... Chair Yoga  
 11am Wed. & Fri. .... Zumba  
 11am Wed. & Fri. .... Pinochle  
 Noon 2nd Sat. .... Food by Pool  
 1pm Mon. .... Watercolor/Paint  
 1pm Tues. & Thurs. .... Canasta  
 1pm Mon. Wed. Fri. .... Ceramics  
 1pm Tu. & Th. .... Acrylic Painting  
 1:00 Fri. .... Mahjong  
 2:30pm Wed. . Show M T Money  
 3pm Daily ..... Happy Hour  
 4:30pm Tues. & Thurs .. Aquacise  
 4pm Thurs. .... Line Dancing  
 5pm Wed. & Sun. .... Water Vball  
 6pm 1st & 3rd Wed ..... Bunco  
 6pm Tues. .... Adult Coloring  
 6pm Mon. .... Classy Crafters  
 6pm Wed. .... Wine Wednesdays  
 6pm Thurs. .... Bible Study  
 6pm Sat ..... Corn Hole  
 6pm Sat ..... Shuffleboard  
 6:30pm Tues. .... Billiards  
 7pm Sun. .... Cribbage  
 7pm Mon. .... Game Night  
 7pm Tues. .... Euchre  
 7pm 1st Wed ..... Activities Mtg  
 7pm last Wed. .... Bingo  
 7pm Thurs. .... Pinochle

## Sheila's Column Cont.

fun this month, we hope you enjoy the brightening days!

### Perks of Walking Your Pup

The warmer weather has many of us eager to get outdoors—and that includes our dogs, too. Check out the many benefits of walking your dog, then grab your leash and your pup and head out!

*Longevity.* Research shows that people who walk often are at a lower risk for depression, high cholesterol and high blood pressure. Vets say regular exercise also helps your dog maintain a healthy weight. All this could lead to a longer life—and more shared walks—for the two of you.

*Confidence.* Daily adventures outside build confidence for pets. All the sights, smells and sounds help encourage your dog to face new things they may not observe from inside your home.

*Connection.* Your pet craves your attention and interaction. An outdoor exploration gives you quality time to forge a stronger bond.

*Socialization.* A dog introduced to people of all ages becomes better behaved and more confident, while one that spends too much time indoors may become fearful in unfamiliar situations.

## Sheila's Column Cont.

### Self-Care Corner: Dose of Daylight

Did you know sunlight is a natural mood booster? As spring starts, take advantage of longer daylight hours and schedule time for sunshine, whether it's eating lunch outdoors or going for a walk after dinner. Research shows that letting sunlight hit your eyes can raise levels of serotonin, which helps keep you calm, and regulate your sleep cycle.

### Freshly Cut Grass Stimulates Your Brain

The scent of just-cut grass is a familiar one this time of year. Not only is it instantly recognizable, but it can also be powerful. Neuroscientists say a freshly mowed lawn releases chemicals that can affect the parts of the brain that produce happiness and relaxation and may prevent cell damage that can cause age-related memory loss. The researchers have even bottled the aroma into a spray so that people can reap the benefits anytime.

### Sending You a Springtime Smile!

The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy spring full of smiles, laughter and beautiful weather!

**Sheila Blevins, Manager**

## With Sympathy

Please offer your condolences to the family and friends of the residents who have passed away.

Carolyn Woosley  
Ann Jeffcoat (former resident)

Corinne (Kitty) Therrien  
(Dan's mom)



## Happy Anniversary

4/5 Rob & Dianne Belcher

### Happy Anniversary

We'd like to offer congratulations to all our neighbors celebrating wedding anniversaries this month. May you have many more happy years together!



## Welcome New Residents

Carmen Rivas & Shelly Ward  
Len Breidert



### Our New Neighbors

We're excited to welcome our newest residents!



### Corrections, Phone #s, Emails, Spelling, Etc.

A Corrections/Update Form available in the Office must be filled out for corrections to be made to your Resident File or Directory. These forms will be used to update Resident Files as well as the Resident Directory. If you have been excluded from the directory and would like to be included, also fill out this form and it will be given to the directory editor. THANK YOU!



### HITCH-A-RIDE

FREE transportation service is provided to all residents. Please call the office, 727-577-0135, either prior to the day or before 8:30am the morning of the day you would like to be picked up. Leave your NAME, LOT# and day you will be taking the bus. Please tell us if we are picking you up at your home or at the Clubhouse.

MONDAYS & FRIDAYS

Gateway Mall Publix, Post Office, Target, CVS & HomeGoods

Clubhouse Pickup, 9:30AM

Publix - Drop-Off, 10:00AM

Publix - Pickup, 12:00PM

WEDNESDAYS (1st, 3rd & 5th)

Walmart/Aldi

Clubhouse Pickup, 9:30AM

Walmart - Drop-Off,

10:00AM

Walmart Pickup, 12:00PM

WEDNESDAYS (2nd & 4th)

Winn-Dixie & Rutland Plaza

-Hot Bins, Bealls Outlet,

Save-A-Lot & Dollar General

Clubhouse Pickup 9:30AM

W-D Drop-Off, 10:00AM

Winn-Dixie - Pickup,

12:00PM

### Remember Me?

Here's a portrait of John James Audubon, artist and American bird enthusiast whose passion took flight.

He was born in the French colony of Saint-Domingue (now Haiti) on April 26, 1785. Audubon grew up in France and developed an interest in drawing birds at a young age. To avoid being drafted in Emperor Napoleon's army, he was sent to Pennsylvania at age 18.

Audubon failed at various business ventures in several states, but he continued his hobby of drawing birds and soon set out to illustrate every bird species he could find in the U.S.

In 1826, Audubon wanted to have his life-size watercolor portraits reproduced, but could find no American publisher. He took his work to England, where the project was an overnight success. The large, hand-produced prints were published as a series between 1827 and 1838. The complete set of prints, titled "Birds of America," has 435 portraits of birds in their natural habitats. It has been called a masterpiece of artistry and ornithology. Audubon also wrote several volumes in his "Ornithological Biography" that described each of the birds in detail. In 2010, a complete first edition of "Birds of America" sold for \$11.5 million, a record price for a printed book.



# Happy Birthday

- 4/1 Judith Mitsch  
Sandra Strobel
- 4/2 Gloria Baraban  
David McLaughlin
- 4/4 Ralph Difrancesco
- 4/5 Barbara Hughes
- 4/6 Sheila Blevins  
Michael Heitkamper  
Patricia Huston  
Michael Mahar  
Galia Tucholski  
Patrice Yamato
- 4/7 James Green  
Ricky Johnson
- 4/8 James Latchford
- 4/9 Christopher Cadmus
- 4/10 Joshua Ciranko  
Richard Cole  
Millie DeNolf  
Carole Durkee
- 4/11 William Bayne  
Chrstopher Lee  
Christine White
- 4/13 John Anderson  
Leslie Ebinger  
Negra Gomez  
Karen Huber  
John Peacock
- 4/14 Rebecca King  
Irving Santigo
- 4/18 Aurelio Arredondo

**Birthdays Cont.**  
Next Column

### Birthdays Cont.

- 4/18 Zachery Forbes
- 4/19 Virginia Benner
- 4/20 Heather Joie  
Matthew Rowe  
George W. Tamm
- 4/21 Linda Calderon  
Robert DeNolf  
Linda Eller
- 4/22 Walter Crooks  
Jeffrey Stewart
- 4/23 Bruse Burdsall  
Gray Rains  
Frank Zagami
- 4/24 Brenda Daugherty  
David Ferguson  
Larry Martisek  
Wilma Ricketts
- 4/25 William Gillespie  
John Price
- 4/26 Cindy Campione  
Carol Meharg  
Karen Smoyer
- 4/27 Ronald Osepowicz  
Richard Sellner, Jr.  
Thomas Wiedeman
- 4/28 Benjamin R Cintron  
Barbara Smithyman
- 4/29 Daryl DeWitt  
Joy Sieggreen  
Reno Rodice
- 4/30 Pauline Carrier  
Phyllis Higgins  
Kathryn Michaud



# Happy Birthday

**Come and See the Homes  
We Have Available Today!**



**#1010 2BD/2BA \$62,500.**



**#1027 2BD/2BA \$74,900.**



**#1093 - 3BD/2BA \$119,900.**



**#1165 - 2BD/2BA \$78,900.**



**#1186 3BD/2BA \$125,500.**



**#1187 2BD/2BA \$55,900.**

**At Print Time & Subject  
to Change Without  
Notice**



**#1221 2BD/2BA \$91,000.**



**#1235 2BD/2BA \$62,000.**



**#1280 2BD/2BA \$120,900.**



**#4030 3BD/2BA \$129,900.**



**#4038 2BD/2BA \$46,900.**

**Homes Cont. Page 7**

**Featured  
Photo** 



**#4050 - 2BD/2BA plus a den.** This unit is a 1971, 1080 ++ sq ft updated in 2019. Square-shape kitchen. Separate dining area. White Oak kitchen cabinets with granite countertops. Bedrooms are located at separate ends of the home. Both bathroom showers and vanities have been updated in 2019. There is a closed-in, extra-large, air-controlled room, located at the side of the home. This room can be used for an additional bedroom or office space. And it can be used all year round. New roof- over, with a lifetime warranty. Plus 6 years warranty on the AC/heat unit. \$75,500.



**#5128 1BD/1BA** This unit is a 1974, 960++sq ft. Updated in 2019. There is plenty of natural light throughout the home. Square-shape open floor plan kitchen with a combined dining area. White kitchen cabinets with granite countertops. Stainless Steel appliances. There is an extra closed room on the side of the home. This extra room can be used for an office, bedroom, or an additional living area. The bathroom has a beautiful tile walk-in shower. A nice, paved patio in the back side of the home for enjoying the outside air. \$55,500.

**Spread Some Spring**  
"A kind word is like a spring day." —Russian proverb



# Activities

Hope you all enjoyed the many events in March! It was really a busy month. This month starts with the **Annual Easter Egg Hunt on Sunday, April 5th**. The eggs will be out around the clubhouse common area by 8am and ready to be found. Collect your eggs and bring them to the Activities Office on Monday for your prizes.

We will be holding two **Horse Race Nights this month: Tuesday, April 7th & 21st, @ 6:30pm**. Bring your quarters and join in the fun; it's easy to learn. Or just come and see what the game is all about.

There will be a **Health Fair Presentation by Hygeia Home Health on Thursday, April 9th, from 1pm to 3pm**. A physician will also be present to give some insight into wound care and Primary Care Mobile Services.

There will be **Craft Fair on Saturday, April 11th, from 9am to 2pm** and the **Kitchen will be open from 11am to 1pm**.

There will be a **Just Because Party on Friday, April 17th**, seeing as there are no formal holidays in April. Music will be supplied by a trio named **"DAZZLER."**

Watch for updating emails.

**Joanne, Activities  
Director**



## Winged Wartime Heroes

As part of the U.S. Army Pigeon Service, homing pigeons provided a vital service during World War I and World War II.

Their intelligence, speed and homing ability made carrier pigeons a proven communication tool. In 1917, at the request of Gen. John J. Pershing, a pigeon unit of the Army Signal Corps was created. During World War I, about 600 of the birds were used, and over

90% of the messages sent by pigeons were received.

World War II saw the peak of the winged force, with more than 50,000 pigeons managed by over 3,000 enlisted men. The birds were bred and trained to travel far and fast, flying up to 600 miles at about 40 mph, even under fire, at night and over open water. They couriered messages encased in small tubes on their legs or pouches looped over their backs. They also parachuted with troops.

After advances in technology, the Pigeon Service ended in 1957, and the veteran birds found homes in zoos or were sold to the public.

## Breaking Barriers, Making History

When baseball team members across the country put on No. 42 on April 15, they're honoring one of the biggest moments in sports history, when Jackie Robinson became the first Black player in the major leagues.

In the late 1800s, major league team owners agreed to make the sport segregated. By the 1940s, several teams wanted to get rid of baseball's color barrier.

On April 15, 1947, Robinson suited up in his No. 42 uniform and took the field as a first baseman for the Dodgers. In his first season, he was named the National League's Rookie of the

Year. Later accomplishments included an MVP title, six All-Star games, multiple league pennants and a World Series win with the Dodgers.

In 1997, the MLB retired No. 42 across all teams, a first in any professional sport. However, every year on Jackie Robinson Day, the league's players, managers, coaches and umpires wear the number as a tribute to the legendary athlete.



## Homes Cont.



#4060 -2BD/2BA - \$25,000.



#4083 2BD/1BA \$46,900.



#5062 2BD/2BA \$165,000.



#5068 2BD/2BA \$159,900.



#5075 3BD/2BA \$95,500.



#5127 2BD/2BA \$69,900.

## Homes Cont. Next Col.

## Homes Cont.



#5175 3BD/2BA \$99,900.

### Pet Safety Tips for Spring

Spring is a favorite time of year, but it's not without potential dangers for your pet.

*Open windows and doors.* Make sure open windows have properly fitting screens to prevent pets from accidentally falling or escaping. Remind guests and members of your household to diligently close the door behind them when entering or leaving your home.

*Water sources.* Discourage your dog from cooling off by jumping in lakes, ponds and other water sources, which are often still cold in spring. Prevent your pet from drinking from puddles or other standing water, which can harbor harmful bacteria.

*Household products.* While spring cleaning, keep your pet in a room other than the one you're working in, and stick to pet-safe cleaning products whenever possible.

*Unfriendly flora.* When choosing houseplants for your home, refer to the American Society for the Prevention of Cruelty to Animals' website, [ASPCA.org](http://ASPCA.org), which provides a list of plants and flowers that are toxic to dogs and cats.



### Special Shopping Trips on Other Days!

11:30, Apr. 3rd, FRIDAY, Goodwill

9:30, Apr. 7th, TUESDAY, Disston Plaza

11:30, Apr. 8th, WEDNESDAY, Dollar Tree/Ross

11:30, Apr. 22nd, WEDNESDAY, Marshalls

FOOD BANK, Apr. 14th, TUESDAY @ 11:45

NOTE: Walmart, Wednesdays, also goes to ALDI!

Call the Office @ 727-577-0135 to sign up for any of these special trips. (TIMES & DATES MAY BE SUBJECT TO CHANGE.)

\* ADDITIONAL TRIPS  
New ALDI: Tuesday, April 28th, 9:30am

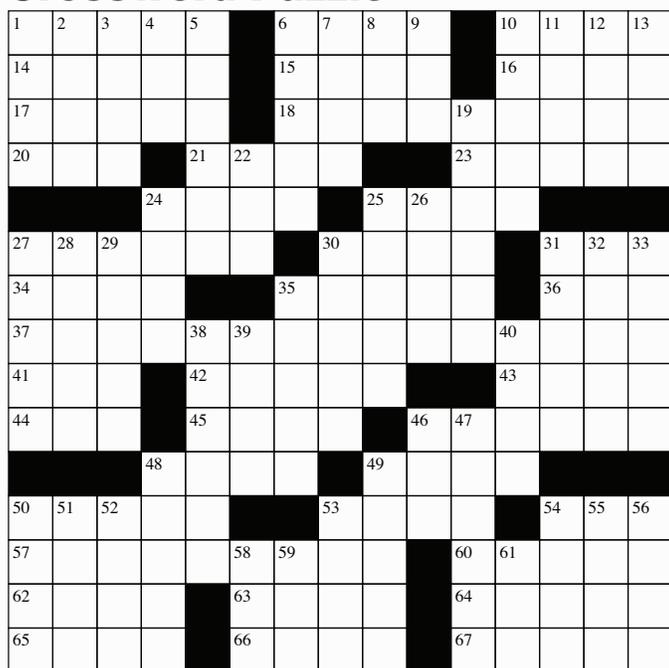
### Famous Firsts: Earth Day

Protect our planet. That was the simple message of the estimated 20 million people across the nation who took part in the first Earth Day, April 22, 1970. The national day focusing on the environment was the idea of U.S. Sen. Gaylord Nelson of Wisconsin, and today, it is an annual worldwide observance with nearly 200 countries participating.

# April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VG Church Every Sunday: Fellowship, 9:30am; Service, 10am. Water Aerobics, M-F 9:30am & 10:15am. Aquacise W/Joan, M-W-F, 11am. Zumba, Wed & Fri, 11am.			Water Aerobics 1 Zumba 11am SMTM 2:30pm Wine Wed 6pm ACTIVITIES MEETING 7pm	Water Aerobics 2 Pinochle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm	Water Aerobics 3 Aquacise Walking Club 10am Zumba 11am Mahjong 1:30pm Ice Cream 2:30pm	4 Shuffleboard/Corn Hole 6pm
Easter Egg Hunt 5 8am VG Church - Water Vball 5pm Cribbage 7pm	Water Aerobics 6 Walking Club 10am MYSTERY DINE-OUT 5pm All Games Night 7pm	Water Aerobics 7 Chair Yoga 11am Canasta 1pm HORSE RACES 6:30pm	Water Aerobics 8 SMTM 2:30pm Water Vball 5pm Wine Wed 6pm IMPROV NIGHT 6pm	Water Aerobics 9 Pinochle 10am HEALTH FAIR 1pm - 3pm Line Dancing 4pm Pinochle 7pm	Water Aerobics 10 Pinochle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm	CRAFT FAIR 9am-11 To 2pm FOOD BY POOL KITCHEN OPEN FROM 11am To 1pm
VG Church - Water Vball 5pm Cribbage 7pm	Water Aerobics 13 Walking Club 10am Aquacise "SWITCH" 7pm	Water Aerobic 14 FOOD BANK 11:45am Canasta 1pm Billiards 6:30pm HOA Mtg 7pm	Water Aerobics 15 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball 5pm Wine Wed 6pm	CASINO TRIP 9am-6 Pinochle 10am Book Club 10am Canasta 1pm Line Dancing 4pm Pinochle 7pm	Aquacise 13 Mahjong 1:30pm Ice Cream 2:30 JUST BECAUSE "DAZZLER TRIO" 6pm To 9pm	18 Shuffleboard/Corn Hole 6pm
VG Church - Water Vball 5pm Cribbage 7pm	Water Aerobics 20 Walking Club 10am MYSTERY DINE-OUT 5pm All Games Night 7pm	Water Aerobics 21 Chair Yoga 11am Canasta 1pm HORSE RACES 6:30pm	Water Aerobics 22 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball 5pm Wine Wed 6pm	Casino Trip 9am 23 Pinochle 10am Book Club 10am Canasta 1pm Line Dancing 4pm Pinochle 7pm	Water Aerobics 24 Mahjong 1:30pm Ice Cream 2:30pm Monthly Birthday Potluck 6pm Karaoke 7pm	25 Shuffleboard/Corn Hole 6pm
VG Church - Water Vball 5pm Cribbage 7pm	Water Aerobics 27 Walking Club 10am Aquacise "MATCH GAME" 7pm	Water Aerobics 28 NEW ALDI'S 9:30am Canasta 1pm Billiards 6:30pm Euchre 7pm	Water Aerobics 29 Walking Club 10am Zumba 11am SMTM 2:30pm Water Vball 5pm Wine Wed 6pm	Water Aerobics 30 Pinochle 10am Canasta 1pm Line Dancing 4pm Bible Study 6pm Pinochle 7pm	Shuffleboard/Corn Hole Every Saturday @ 6pm	

## Crossword Puzzle



### ACROSS

1. Jumps
6. "Nay" voter
10. Houston and Donaldson
14. Distribute
15. Writer Uris
16. Blood problem
17. Cavort
18. Belittle
20. Nav. officer
21. Frank
23. Put in new sutures
24. Reason to bathe
25. Cabbage concoction
27. Primitive bed
30. Blueprint
31. Newspaper section
34. Uzbekistan's \_\_\_ Sea
35. Huge
36. Old card game
37. City east-northeast of Des Moines
41. 90° from NNW
42. Consumed
43. One of an elephant's pair
44. Blocker, for one
45. Dumfries resident
46. Suit
48. Suffix for gang or gag
49. Sing Sing quarters
50. Astronaut's destination
53. Request
54. John, in 45 Across
57. Burrowing mammal
60. Activity that takes two
62. In a little while
63. Aquatic bird
64. Script direction
65. Forest creature
66. Smith or Jackson
67. Weather forecast

### DOWN

1. Intertwine
2. Spirited self-assurance
3. Scenic locale
4. "Annabel Lee" poet
5. Walked
6. Birch tree variety
7. Bright light
8. Stranded motorist's need
9. Traveler's stop
10. Fastener
11. Word of sorrow
12. Method
13. One-dish meal
19. Ulysses and others
22. Piece of cookware
24. Earthenware jar
25. Murdered
26. Ground
27. Walked the floor
28. Game site
29. \_\_\_ with, burdened by
30. Slender measuring tube
31. With the voice
32. Use a diving rod
33. Relaxes in the tub
35. Florida's \_\_\_ Bowl
38. Took a break
39. Run
40. Eur. language
46. Use one of the senses
47. China pieces
48. Inadequate in amount
49. Duplicate
50. Waist band
51. Malayan boat
52. Hombre's passion
53. Conspiracy
54. Preposition
55. Ripening agent
56. Standard
58. Type
59. Mauna \_\_\_
61. Colony member

